

PRAYER  
LORDSHIP  
GOD'S WORD



# THE WAY OF THE DISCIPLE

Adult Leader Guide • Book 3

SAMPLE

LEADERS IN  
PRETEEN TRAINING

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# Weekly Memory Verses

The following Bible verses are your weekly memory verses. You will be required to have each verse memorized before going to that week's Disciple Group meeting.

**Week One** ⇨ "But as many as received Him, to them He gave the right to become children of God, to those who believe in His name." (John 1:12)

**Week Two** ⇨ "I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me." (Galatians 2:20)

**Week Three** ⇨ "I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing." (John 15:5)

**Week Four** ⇨ "But be doers of the word, and not hearers only, deceiving yourselves." (James 1:22)

**Week Five** ⇨ "Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the Lord, And in His law he meditates day and night." (Psalm 1:1-2)

**Week Six** ⇨ "Call to Me, and I will answer you, and show you great and mighty things, which you do not know." (Jeremiah 33:3)

**Week Seven** ⇨ "Be sober; be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith." (1 Peter 5:8-9a)

**Week Eight** ⇨ "For the weapons of our warfare are not carnal but mighty in God pulling down strongholds." (2 Corinthians 10:4)

**Week Nine** ⇨ "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit." (Matthew 28:19)

**Week Ten** ⇨ "For I delivered to you first of all that which I also received: that Christ died for our sins according to the Scriptures." (1 Corinthians 15:3)

**Week Eleven** ⇨ "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." (Romans 6:23)

**Week Twelve** ⇨ "Every good and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning." (James 1:17)

**Week Thirteen** ⇨ “For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.” (Ephesians 2:10)

**Week Fourteen** ⇨ “Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father.” (John 14:12)

**Week Fifteen** ⇨ “...that you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God.” (Colossians 1:10)

**Week Sixteen** ⇨ “And whoever desires to be first among you, let him be your slave.” (Matthew 20:27)

**Week Seventeen** ⇨ “The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.” (John 10:10)

**Week Eighteen** ⇨ “For since the creation of the world His invisible attributes are clearly seen, being understood by the things that are made, even His eternal power and Godhead, so that they are without excuse.” (Romans 1:20)



# Week 1: Salvation



## Learning Objective

The L.I.T.s will understand that their decision to accept Jesus Christ as their personal Lord and Savior is the most important decision of their lives. They will learn the ABCs and write out their personal testimonies.



## Memory Verse

*“But as many as received Him, to them He gave the right to become children of God, to those who believe in His name.” (John 1:12)*



## Spiritual Preparation

Call the L.I.T.s in your group and ask them if they have any specific prayer needs. Pray for each of them by name.

Pray for each of the children in your group that they will understand the importance of knowing Christ as Lord and Savior.

Pray for God to draw each of them to a saving relationship with Him or to confirm in their hearts the assurance of their salvation.

Totally surrender yourself to Jesus Christ and His will. Ask the Holy Spirit to fill and empower you for your Disciple Group time.



## Opening Prayer

1. Begin your Disciple Group meeting with a time of prayer.
2. Have your L.I.T.s pray on the armor of God piece-by-piece. (Remind them of the importance of praying on the armor every day as they begin their daily quiet time. If the students want to use the prayer in their devotional books, have them turn to **page 4**.)
3. Ask the students in your group to share their prayer requests and praises. Remember to pray for friends and family members who may be lost. Pray for the L.I.T.s to have the courage to share their faith each day this week.
4. End the prayer time by asking the Lord to help the L.I.T.s listen and learn during Disciple Group today.



## Bible Study Passage

Summarize the story found in Acts 16:16-24 of how Paul and Silas were put into prison, then read Acts 16:25-34. Discuss with your Disciple Group what happened to the jailer.

## **Biblical Explanation**

*“But as many as received Him, to them He gave the right to become children of God, to those who believe in His name.” (John 1:12)*

The most important decision anyone will ever make in their life is to accept Jesus Christ as Lord and Savior. God loves every person in this world.

He *“desires all men to be saved and to come to the knowledge of the truth”* (1 Timothy 2:4).

Paul and Silas spent much of their life spreading the message of Jesus Christ so that people would believe and be saved. While in prison, their worship and prayers were testimony to the jailer of their Lord and Savior. After a violent earthquake, he asked them,

*“Sirs, what must I do to be saved?”*  
(Acts 16:30)

Paul and Silas replied,

*“Believe on the Lord Jesus Christ, and you will be saved”* (v. 31).

After hearing the message, the jailer and his family were saved because they believed. When you look at this week’s memory verse, John 1:12, you see the simple message of the Gospel:

*“But as many as received Him, to them He gave the right to become children of God, to those who believe in His name.”*

When you accept Jesus Christ into your life, He becomes your Savior and Lord, and you receive eternal life.

## **Bible Exploration**

Ask several L.I.T.s in your group to look up the following verses and answer the questions:

**John 1:12**—*“But as many as received Him, to them He gave the right to become children of God, to those who believe in His name.”*

- What do we have to do to be saved? (Receive Jesus and believe in His name)
- Whose child do we become when we accept Jesus into our hearts? (God’s)

**John 3:36**—*“He who believes in the Son has everlasting life; and he who does not believe the Son shall not see life, but the wrath of God abides on him.”*

- What does it take to have eternal life? (Believing in the Son, Jesus)
- What happens if a person rejects the Son of God? (He will not have eternal life.)

**Romans 10:9-10**—*“...that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.”*

- What does this verse say we must confess and believe in order to be saved? (Confess that Jesus is Lord and believe that God raised Jesus from the dead.)

## Bible Study Review

1. Have the L.I.T.s in your group recite this past week's memory verse. Ask them to explain what today's verse means to them.
2. Let each of the L.I.T.s in your group share their personal testimony. Give them about two minutes each. If someone in your group has not made a profession of faith, invite them to respond by making the decision during Disciple Group time.
3. Have the students open their devotional books to **page 13**. Review the Week 1 materials with them day-by-day and discuss their answers. Ask the L.I.T.s how they can apply what they have learned to their lives.
4. Ask the following review questions:
  - What did God do for us so that we could have eternal life?
  - What must we do to be saved?
  - Do you think it is difficult or easy to get saved?
  - Once we are saved, what does God want us to do as we live the Christian life?
  - The Gospel message is simple to explain. Will someone volunteer to explain the Gospel message for the group as we have discussed it today?

## The Cross

Take some time to explain the importance of The Cross:

- **The Heart of The Cross** is "Lordship." It is a simple decision to accept Jesus as Lord of your life. All it takes is to confess that you are a sinner and believe in Him as Savior and Lord for salvation.
- **The Base of The Cross** is "God's Word." Once you have accepted Jesus as Lord, you will want to read the Bible each day to learn about Him.
- **The Top of The Cross** is "Prayer." God wants you to talk to Him every day. He wants you to know Him as your friend.
- **The Left Side of The Cross** is "Evangelism." Since you have asked Jesus into your life and received abundant life and eternal life, you will want to tell others about Him.
- **The Right Side of The Cross** is "Servanthood." God wants you to use the gifts He gives you to make a difference in the world for Him.
- **The Circle that goes around The Cross** represents a "Life of Obedience." When you do all the parts of The Cross, you are living a life of obedience to God that is pleasing to Him.

## Learning Activity

Take an umbrella and some pieces of fruit for everyone in your group. Ask, “What does it mean to believe?”

- I can say that I believe it is going to rain today. But, if I do not take an umbrella outside with me, I do not truly believe. (Have an L.I.T. open up an umbrella.)
- I can say that I believe my child when she tells me she is really hungry. But, if I do not get her something to eat, I do not truly believe. (Have an L.I.T. give everyone a piece of fruit.)
- I can say that I believe Jesus Christ is the Son of God and He is the Lord of my life. But, if I do not humbly worship Him or readily obey His Word, I do not truly believe. (Have an L.I.T. get down on their knees and bow. Have another L.I.T. open the Bible, then quote this week’s memory verse aloud: *“But as many as received Him, to them He gave the right to become children of God, to those who believe in His name.”*)

True belief involves acting on that belief.

*James 2:14-17 says, “What does it profit, my brethren, if someone says he has faith but does not have works? Can faith save him? If a brother or sister is naked and destitute of daily food, and one of you says to them, ‘Depart in peace, be warmed and filled,’ but you do not give them the things which are needed for the body, what does it profit? Thus also faith by itself, if it does not have works, is dead.”*

## Object Lesson

Take a scrapbook, a photo album, or a journal to Disciple Group with you. Show the book to the L.I.T.s in your group. Explain what is kept in this book and why.

For example, if you take a baby scrapbook, explain that it has pictures of the baby at different stages of growth, notes about things the baby did or said, and memorabilia from that time in the baby’s life.

The purpose of the scrapbook is to be able to remember certain things that happened in that baby’s life and to show other people some pieces of that baby’s life.

Writing out our testimony is a way that we can remember the details of when we were saved—what our life was like before, who shared the message with us, what we thought and felt when we were being drawn to the Lord, the date and place when we asked Jesus into our hearts, and what God has done in our lives since we became Christians.

*Psalm 77:11a says, “I will remember the works of the LORD.”*





## **P.R.A.Y.**

Close your Disciple Group meeting with a time of prayer.

Pray through the P.R.A.Y. acrostic. Remind the children that when they come to “Yield and Surrender,” the key to victory is giving their lives to Christ in total dependence on Him.

**P** ⇒ **Praise and thanksgiving**

Praise God for sending His Son Jesus to die for your sins.

**R** ⇒ **Repent and confess**

Repent and confess those times when you were ashamed or afraid to talk about Jesus.

**A** ⇒ **Ask**

Ask God to give you opportunities to share your testimony this next week.

**Y** ⇒ **Yield and surrender**

Yield and surrender to letting God use you to tell lost people about Jesus Christ.

You, as the leader, should close the prayer time to bring focus and a good ending to your time of prayer.